

The Costs to Children

North Coast Family Law Pathways Network 2019

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<https://www.youtube.com/watch?v=itE6imt6ON8>

From today onwards...

“You can’t go back and change the beginning but you can start where you are and change the ending”

– **C.S. Lewis**

Adverse Childhood Events (ACE study- USA)

DEFINITION of ACE

- Physical abuse
- Sexual abuse
- Emotional abuse
- Physical neglect
- Emotional neglect
- Mother treated violently
- Household substance abuse
- Household mental illness
- Parental separation or divorce
- Incarcerated household member

“The seeds of adult dysfunction and pathology are sown in early childhood stress and trauma.”

Developmental deficits and the preoccupation of central concerns

- How do I keep myself safe?
- How do I keep life predictable?
- How do I stop my parents fighting?
- How do I keep my parents safe?

-“In the Name of the Child” Janet Johnston, Vivienne Roseby & Kathryn Kuehnle